



St. Ann School Wednesday Memo

SAINT ANN SCHOOL
— putting faith in education —

02/14/18



Lunch supervision volunteers must arrive no later than 11:10 AM (10:55 AM if possible).
Total for 18 Lunches for February: \$53.10.

Monday, Feb. 19	Chicken Breast Sandwich
Supervision	Nguyen
Tuesday, Feb. 20	Quesadilla
Supervision	Beckham
Wednesday, Feb. 21	Sub Sandwich
Supervision	M. Clark
Thursday, Feb. 22	Early Release/No School
Friday, Feb. 23	No School

Salad Bar included with hot lunch.

Salad Bar costs \$1.75 for cold lunch students.

Upcoming Important Dates

Thursday, February 22, is an 11:00 a.m. early release day. There is no school on Friday, February 23.

Parent/Teacher Conferences February 20 and 21

Parent/Teacher Conferences are scheduled for Tuesday, February 20, and Wednesday, February 21. Parents of students in grades K-5 are encouraged to schedule a conference with your child/ren's homeroom teacher/s. Middle school teachers have reached out to parents of students with academic concerns about scheduling a conference; however, if a parent of a middle school student has not heard from a teacher but would still like a conference, he/she may request one. A conference request form was sent home in your family envelope last week..



Don't forget to order SCRIP!

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Our Faith Stories

Featuring Shaun Kleitsch and Kerstan Roeven

Sunday, February 25, 6:30 p.m., Healy Hall

This month we will gather again to hear journeys of faith. Kerstan, a teen from our parish, will speak about the impact that Frassati Fest and Love Begins Here has had on his faith. Shaun will speak about following the will of God, even when it is difficult to understand. Please join us!

Please remember to turn in your enrollment form for the 2018-19 school year to let us know if your child/ren will be returning to St. Ann School.

Save the Date March 23, 2018



St. Ann's Helping Hands and the American Red Cross will be holding a blood drive at St. Ann's on Friday, March 23, from 2:00-6:00 p.m. in Healy Hall. Please consider donating. Blood donations are always in demand for those in need.



Eucharistic Adoration

Pray in the presence of the Lord at Eucharistic Adoration, every Monday from 12:00-1:00 PM, and Saturday mornings

Middle School Lock In February 22-23

Remember to return your completed permission form for students in grades 6-8 for the Middle School Lock-In on February 22-23. Students attending the lock-in should arrive to St. Ann's at 8:00 p.m. on the 22nd and be picked up by parents no later than 7:00 a.m. on the 23rd.



Snacks and breakfast will be provided. Students should plan to stay up all night, or feel free to bring a pillow and blanket if sleep is needed. The night will include many team-building activities as well as Adoration.



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Principal's Corner

Preparing Our Hearts for Lent with Scripture

Happy Valentine's Day, Everyone! I'm not sure how many times in my lifetime that Ash Wednesday, and thus the beginning of Lent, and Valentine's Day have fallen on the same day, but I cannot think of a better combination of special days than these two together. Our theme this year for Lent is, "Jesus' words are written on our hearts." Every K-8 student is searching for a scripture quote to keep as his or her mantra during this lenten season. Students are then creating a heart on which their quote will appear and will also keep their verse close to them upon which to reflect. As one who keeps particular scripture quotes accessible at all times, I find the practice of taking even five minutes to reflect and pray extremely helpful, especially during those more challenging moments when I feel defeated or anxious. It would be great if, as a family, you also found a Bible quote to discuss during Lent. You could even take this one step further and find a way to tie it in with some kind of sacrifice each of you are making for the next 40 days. Incorporating scripture is a wonderful way to remind all of our kids that God is speaking to us constantly. As we prepare our hearts during Lent, my prayer for all of you is that you discover a way to open your hearts to hear the many ways God is calling you to him.

*Kara Roisum
Principal*

The Work of Lent

- Prayer helps us grow closer to God. During Lent we attempt to increase our quality time to prayer. The gift of prayer adds a spiritual rhythm to our daily life. It makes us less self-centered and more aware of the many opportunities we have to honor God and serve others.
- Fasting is a form of penance. It is doing with less and voluntarily limiting the amount of food we eat during a specific day. It is also a form of prayer that expresses our desire to empty ourselves for God. Catholics between the ages 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. This means we may eat one full meal on those days. Catholics who have reached the age of 14 are obliged to abstain from eating meat on Ash Wednesday and the Fridays of Lent.
- Almsgiving is a practical way to express our love for God by expressing our love and generosity for others. Acts of charity are a basic part of Christian living. When we share our time, talent, and treasure with people in need, we are acknowledging that God is the source of our many blessings.