

St. Ann School

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Wednesday Memo

Lunch supervision volunteers must arrive by 11:15 AM

Total for 20 Lunches for Feb. : \$55.10

Monday, Feb. 10 Supervision	Hamburger Gravy & Mashed Potatoes Ross, Mehring
Tuesday, Feb. 11 Supervision	BBQ Pork Sandwich NEEDED, Balthazor
Wednesday, Feb. 12 Supervision	French Toast Sticks Mehring, NEEDED
Thursday, Feb. 13 Supervision	Spaghetti & Meat Balls Mathias, Wolter
Friday, Feb. 14 Supervision	Breaded Chicken Patty Royko, Waldorf



Volunteer Lunch Supervision Needed in February

We are in need of Volunteer Lunch Supervisors for these dates in February:

11, 12 17, 18, 20.

If you can help with any of these dates, please sign-up on sign-up genius.



St. Ann's Action Team

Have you been thinking about ways to be the hands and feet of Jesus to those around you, but weren't sure how to get started? Do you feel like you don't have a great deal of time to devote but maybe could do something a little bit here or there? Well, St. Ann's new Action Team needs you!

We are creating an Action Team to respond when a family we know is in crisis. They may just need a ride somewhere, a meal, prayers, or even just a pan of brownies to help them through the day. All we are asking is for you to let us know if you'd be willing to be put on a list to be contacted when the need arises. We need your name, phone number and email, and whether you'd like to volunteer for something specific or all of the above. For instance, you may say, put me on the list for whatever you need. Or, please just put me down to make a meal, or part of a meal or to say prayers for someone. And when we need to respond for someone, we'll be in touch. If you're willing, contact Rachel Langenohl at 877-1357 or rachellangenohl@gmail.com. Rachel, Bunny Weier, and Julie Buffington will be coordinating filling the need for those families. We will also work closely with our new Prayers on Wheels team and our Parish Prayer Chain, if it is prayer that is needed most. If you know of a family in need, please contact Shaun in the Parish Office (873-7633) or shaun.kleitsch@stoughton.k12.wi.us and she will make sure we get the information to spring into action!



Thank you everyone who ordered in January! We made \$214 in profit! February has two free items. Every order \$40 or more comes with free Five Cheese Garlic Toast. All orders \$90 or more online with the promo code: FEBBONUS will receive free Cheese Ravioli! It is time to qualify for the new Frequent Buyer gift! Make two purchases of \$40 or more between February and April then one more in May to receive your free Storage Basket at your May sale pick-up! All orders need to be placed by Thursday February 20. All paper orders need to be turned into the Market Day box outside of the teacher's lounge by 3 PM and all online orders at marketday.com need to be placed by 11pm. Pick-up is on Monday February 24 in the gym at 4:30-6 PM. Please let me know if you will have any problems picking up your order. We have very limited space to store orders. Call Koreen Kuhn at 712-4126 or email at jhkuhn@charter.net.

See page 2 for our Corporal Works of Mercy Project for February.



Principal's Corner

Ancient Customs of Our Church

This past Sunday, the Church celebrated the Feast of the Presentation of Jesus in the Temple, forty days after Jesus' birth. On this day the priest offers a special blessing of candles to be used during the liturgical year. As I reflect upon the meaning of this special blessing, I remember as a child being included in a procession around the Church in honor of Jesus, the Light of the World. The custom of blessing candles on this day goes back to the early history of the Church. From early Christian times, people lit candles as protection against disease and natural disasters, such as storm and earthquakes. This was not magic. The people did not believe that the candles themselves provided protection. Instead, they saw candles as a reminder of God's ever-present protection in their lives. The candles helped them to realize the nearness of God and to believe more strongly in his saving help.

Another old custom I often experienced was the blessing of throats on the Feast of St. Blaise on February 3. Somewhere back in history, this day became connected with the day for the blessing of candles. This connection is seen in the old Book of Blessings where candles were blessed so that they could be used in the blessing of throats the next day. The prayer offered through the intercession of St. Blaise and the custom of throat blessing are opportunities for turning to God and remembering again that we and our health are dependent upon God's goodness and love.

Two meaningful prayers guide my reflection today as we celebrate the ancient customs of blessing candles and the blessing of throats on the Feast of St. Blaise:

God, our Father, source of eternal light, fill our hearts and the hearts of all believers with the light of faith. May we who hold these candles in your honor come with joy to the light of glory.

Father, through the prayers of St. Blaise, deliver us from ailments of the throat and from every evil. We pray this in the name of the Father, of the Son and of the Holy Spirit. Amen.

~ Joan Leonard

A Special Thank You

A special thank you is extended to Mrs. Heidi Tolmie for her twelve years of dedicated service to the students and staff of St. Ann School as the educational assistant in Grades One and Two. Know of our prayers for you as you take leave of our St. Ann School Community.

Congratulations

A special congratulations to the classroom winners of the Catholic Schools Week Religion Bees: Benjamin Apel (Grade One), Ty Fernholz (Grade Two), Ellee Milota (Grade Three), Andy McCoy (Grade Four), Jackson Talbert (Grade Five), Patrick Wolter (Grade Six) and Collin Maloney (Grades Seven-Eight).

Family Life Lessons

The teachers and students in Grades Kindergarten through Grade Six will begin their discussion of "Family Life" in Religion classes beginning the week of February 10. Grade Seven-Eight will be involved in similar discussions using the Theology of the Body materials. Please contact your child(ren)'s teacher if you would like to preview the materials to be covered. Please contact Ms. Leonard in the school office if you would choose not to have your child involved in the "Family Life" discussions.

Visit The Imprisoned

The Corporal Work of Mercy for the month of February is "Visit The Imprisoned." As a school community, we would like to collect items for the family visitation area of the prison in Oregon. The Prison Ministry Committee suggests the following items for dads and their children to use during their visitation time: craft project kits, crayons, markers, coloring books, story books, construction paper, stickers, activity books, seasonal holiday items for Valentine's Day, St. Patrick's Day, Easter. Thank you in advance for your generosity for this special project of love.

It's a CLASS ACT

Science Is FUN by Mrs. Prechel

When I was in elementary school, I remember science as just being one of those classes that we had every other day. There was a book, and a notebook - vocabulary to memorize. It is no wonder that I don't have any fond memories of science and why, when I reached high school, I didn't feel confident in my "science" abilities. In high school, however, I took classes like biology and chemistry – classes where we dissected and mixed and actually got to MOVE out of our seats!

At St. Ann School, we try to incorporate the concept knowledge of science along with hands-on learning. Our Foss kits and textbooks in the younger grades and CPO science in the upper grades are really helping us to accomplish that. We also try to instill a love of science by asking questions and pointing out everyday amazements to our students.

For Catholic Schools week, the students completed some fun science lessons that each took about 20 minutes. There were lessons on kinetic energy, chemistry, chromatography, density, biology, electricity, and matter. Many activities and recipes were found on youtube and stevespanglerscience.com. Making gak, completing an egg plunge, setting up different tracks for Hot Wheels cars, playing with balloons, and making a popsicle stick chain reaction are great snow-day activities for the kids.

There are some basic things parents can also do to instill a love of learning science into their children. Remember when your two-year-old was always asking, "Why?" Now it is your turn to ask, "Why?" Why do you keep going when your bike hits a rock and stops? Why do leaves turn colors? Why do you have to wash your hands before you eat? Why is the sky blue? Take some family time to find out together! Here's a fun activity to do with some ingredients from home:

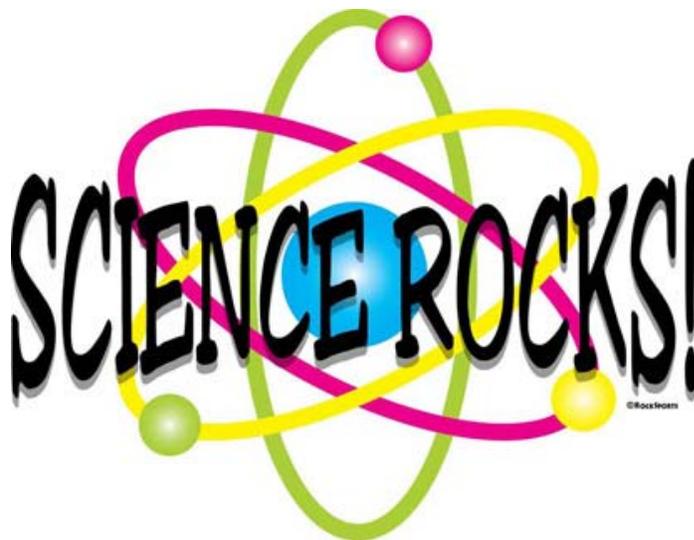
Carbon dioxide gas dissolved in soft drinks gives them their fizz. You can use the carbon dioxide fizz from a soft drink to make raisins dance.

For this experiment you will need:

- ✦ a can of colorless soda (e.g., 7-Up or Sprite)
- ✦ a tall, clear glass or plastic cup
- ✦ several raisins (fresh raisins work the best)

Pour the can of soda into the tall glass. Notice the bubbles coming up from the bottom of the glass. The bubbles are carbon dioxide gas released from the liquid.

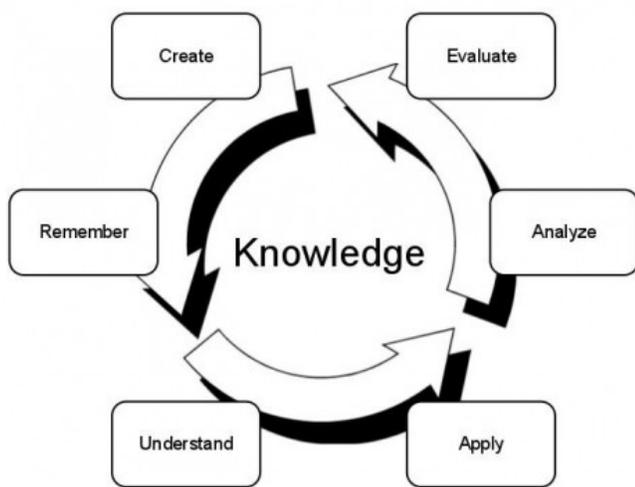
Drop 6 or 7 raisins into the glass. Watch the raisins for a few seconds. Describe what is happening to the raisins. Do they sink or float? Keep watching; what happens in the next several minutes?



It's a CLASS ACT

Making Learning Meaningful by Miss Demeter

Learning in the science room is never a dull moment. During the first two quarters my students have done everything from leap frogging through the halls, shooting marbles, writing skits, debating and even acting out moments from U.S. history. I'm glad these things are fun and the children enjoy them, but that is not why my classroom is always action packed. I choose hands-on activities because it makes learning *stick*. Our brains are more likely to remember something if it is done in a meaningful way. This applies to all subjects in all grades. I have been so blessed to be part of St. Ann School where hands-on learning is valued and encouraged.



Taking this home is a great way to help your children learn more about the things that are taught in class. A great example is learning basic math facts. Instead of using flash cards and sitting down, why not get your children moving by making a relay race with flash cards? My facts class and I made a relay down the hall way with the flashcards. It made the rote memorization more meaningful and I saw more success because of it. We did the same thing in science class with the organization of the body. It was great to see my students on scooters racing down to put organs, tissues, cells, organisms and organ systems in order. On the test, almost every student got this right. It is because we made it meaningful through movement!

Incorporating movement is one way to make learning more meaningful, and observing the content is another. In science we observe and experience the different subjects through our labs. Students work in groups of three or four to look under microscopes, model different scientific processes or watch things grow. This ownership of learning makes hard concepts like mitosis and meiosis really stick. It is more meaningful for students if they create their own learning instead of me lecturing to them. You can do these things at home with household items as well.

Making faith meaningful can help make it stick as well. This is not bound to children, but adults too. One day that made my faith more meaningful was going to the Nazareth House to sing to the residents with 6th and kindergarten. It was a touching and amazing experience for me. To see the looks on the faces of the residents when my students walked through the door brought service to others in a new light. Being a good Catholic means being a servant to those who need it most. I challenge the families at St. Ann's to have one of these meaningful experiences. Volunteering at a food pantry, making cards for veterans, or donating items is a great way to make your faith more meaningful for your family.

In the science lab, there is never a boring moment, we are always moving, thinking, discussing, analyzing or acting. I hope you take some of these strategies home to help your children take their learning to the next step. Remember, learning is a lived activity. So at school, we should put some life into the classroom!