

# St. Ann School 4K Newsletter

August, 2013

Volume 3 Issue 1

## Welcome to St. Ann School 4K Program

We look forward to working with you and your child this school year. Enclosed in this newsletter you will find important information regarding the start of our year together. Please call us if you have any questions about our 4K Program.

Joan Leonard, Principal  
Carol Fields, 4K Teacher  
Mona Beckham, E. A.

## 4K Drop-In Open House Night



There will be a **Drop In Open House Night and Ice Cream Social on Thursday, August 29, 6-8 PM** for students of our 4K Program and Grades 1-8. Ms. Lyra Gullickson, our Extended Care Director, will be available for those who wish to sign up for after school Extended Care. Mrs. Karie Manhart, our school lunch program manager, will be available for those who wish to pay for their 4K milk for the year. Students and families are invited to visit the 4K, meet Mrs. Fields and Mrs. Beckham and enjoy hospitality provided by the St. Ann School Home and School Association. We hope to see you there.

## Mandatory 4K Parent Meeting, Conference Sign-Up, & Extended Care Registration



Parents, please mark your calendar for Wednesday, August 28 for a **Mandatory 4K Parent Meeting**, beginning at 6:30 PM in Healy Hall. This meeting will allow Miss Leonard and Mrs. Fields to discuss procedures, the day's schedule and the 4K curriculum with parents and to answer any questions you may have about the 4K Program at St. Ann School. You will also have the opportunity to **sign up for a beginning of the year conference** with Mrs. Fields. Conference days will be held on Tuesday, September 3, 1-7 PM; Wednesday, September 4, 8-12 PM and 1-5 PM; and Thursday, September 5, 1-7 PM. Classes will begin on Friday, September 6.

Registration materials for the Before and After School Extended Care Program will be available at the Wednesday, August 28 mandatory 4K meeting also. Ms. Lyra Gullickson is our Extended Care Program Director. If you have any questions regarding the program, please call the school office, 873-3343.

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# Principal's Corner

## Become Like Little Children

This past weekend I had the opportunity to help my Great-nephew Cooper celebrate his first birthday. It was wonderful to be with my family especially the three little ones, Cooper (now one), Nora (three in September) and Elle (one and a half). Each has a level of energy that I wish I still had; ACTIVE being their middle names. Because we could be in Jim and Morgan's backyard for the celebration, the kids threw and kicked balls, blew bubbles, played in the pool, pushed baby dolls and trucks around, read books on a blanket, helped Cooper tear open his gifts and played with the new toys.... "a perfect day" for the kids and for all the adults gathered to celebrate Cooper.

As I sat and watched the kids, had the opportunity to play with them and cuddle with one or the other as I read a new storybook, my heart recalled the old cliché, "Become like a little child." As I drove back to Dubuque for the night, I reflected upon that old cliché. We can either fight off new or welcome it and learn from it. We can react to situations with paralyzing anxiety or we can respond with trust. We can shy away from life's enjoyments, claiming that we don't deserve them or we can receive them joyfully. We can refuse others' help or enjoy their special presence in our lives.

As I begin to embrace the busyness of my eighth year as principal of St. Ann School, I hope to meet the events of each day with the trusting, joy-filled spirit of my three favorite children, my Great-nephew, Cooper and his cousins, Nora Jean and Elle Marie. As this new school year unfolds for your child and your family, I hope that you may experience many opportunities to embrace each new day with the heart of a child.

**Joan Leonard**

## Children First...

Let us remember, our children are on loan to us...  
Growing into the thinkers and doers of tomorrow.  
They belong to the future.  
Give them all that they need to begin their journey,  
Wiser than their predecessors.  
Teach them first the ABCs of living.  
Adventure is all about life-long learning.  
Believe in something bigger than yourself.  
Character exemplifies integrity.  
Do the right thing... it's never wrong.  
Excellence is a choice.  
Find your passion.  
Give more than you get.  
Hold on when everything seems impossible.  
Ideas mean you are thinking.  
Judge intention.  
Know who you are.  
Laugh at yourself.  
Make a difference.  
Never fear.  
Own your thoughts, your words, your actions.  
Plan your future; don't just let it happen.  
Qualify your actions... know why you do what you do.  
Read everything you can get your hands on.  
Search for your dream.  
Truth is what you are striving for.  
Use knowledge for the betterment of mankind.  
Vote... it's your voice.  
Work is the only way to get from here to there.  
X is the unknown, waiting to be comprehended by a  
curious mind.  
Yes! Say yes to life!  
Zest for living makes every day new.

## 4K Supplies

- 2 (100-count) 5-ounce paper cups (*not plastic*)
- 2 glue sticks (Elmer's is best please)
- 2 large boxes of facial tissue

Please bring supplies to school during your family conference time.

Please **DO NOT** write your child's name on the above items as they will be jointly used, as needed.



**Also, your child will need:**

1 large book bag or backpack with last name printed LARGE on outside or inside; something large enough to carry papers, artwork, etc. to and from school. Your child **MUST** bring his or her backpack to school **EACH DAY**.

**Children must wear socks and tennis shoes to school each day.** No other footwear is acceptable as we are exercising daily in 4K.

## Milk Program

4K milk will be available through the subsidized "Special Milk Program." The price of the milk will be \$30/year and is due by the start of the school year. Checks should be made out to St.



Ann School Lunch Program

If your family would qualify for free and reduced lunches, your child would also qualify for free 4K milk. Please complete the enclosed Free and Reduced Lunch form and return it to the school office

## Return of Forms



Please fill out the following forms, which are included in this mailing, and return to school at the Mandatory Meeting on Wednesday, August 28:

- Immunization
- Emergency Card
- Directory Permission Form
- Walking Permission Form
- Medication Form (if your child is receiving medication at school)

Please return these forms before school begins. These forms must be on file throughout the school year.

## First Day of School

**4K classes will begin on Friday, September 6** at 12:00 PM with dismissal at 3:00 PM. The special religion class will be shared Monday through Thursday from 3:00-3:20 PM with dismissal at 3:20 PM for those students who are a part of this special religious instruction. Just a reminder that students must be walked into the building by a parent or designated adult at noon time and picked up by a parent or designated adult at the end of the school day.

## August/September Calendar of Events

August 20	6:30-8:30 PM, Protecting God's Children for Adults
August 28	6:30 PM, Mandatory 4K Parent Meeting
August 29	6—8 PM Drop-In Open House & Ice Cream Social, 4K and grades 1-7
September 3	4K conferences, 1-7 PM
September 4	4K conferences, 8-11 AM & 1-5PM
September 5	4K Conferences, 1-7 PM
September 7	Classes Begin, 12 PM
September 21/22	Parish Festival
September 20	School Picture Day
September 23	5-6 PM, Market Day Pick Up

## **Please Inform the School**

### **When:**

- Your child will be absent or tardy
- Your child will be leaving early due to an appointment
- Your child has a change of arrangements for going home
- You are going on vacation (especially if your child is remaining home in the care of another guardian);
- You have a change of address or phone number or other pertinent information on their emergency card.
- A death of a loved one or any traumatic family experience occurs where your child may need compassionate support and understanding.

## **Ways to Support St. Ann School**

If you wish to support St. Ann School we have various fundraising and collection opportunities. These are a few examples:

- Market Day
- SCRIP
- Campbell's UPC codes
- Kwik Trip Milk Moola
- Recycle program for printer cartridges, laser cartridges and cell phones.

We will be sending home more information about these and other programs that help support our school. Thank you for caring!



## **Sending Medication To School**

Please follow these rules when sending medication to school for your child.

All prescription medication must be in its original container labeled with the child's name and dosage. Ask your pharmacist to give you an extra labeled bottle for your child to bring their meds to school. A form must be signed by your physician and must accompany the prescription when your child brings it to school.

Over the counter medications must be sent in the original container and a form must accompany the medication indicating the dosage and time for administering. The form must be signed by the parent/guardian. The form may be picked up in the school office. Thank you for your cooperation in this very important matter.



## **Protecting God's Children Awareness Session**

All parents or guardians who wish to volunteer at St. Ann School and have contact with children are required to attend a Protecting God's Children awareness session and complete a background check. This includes parents/guardians attending field trips or helping in the classroom setting.

St. Ann Parish will be offering a Protecting God's Children awareness session on Tuesday, August 20 at 6:30 - 8:30 PM in Lower Level Healy Hall. Please register for this session at [www.virtus.org](http://www.virtus.org) under the Madison Diocese... St. Ann Parish or St. Ann School



## **School Picture Day**

St. Ann School Picture Day will be held on Friday, September 20. We will have a make-up day on Tuesday, October 22.

Photo order envelopes will be sent home early in September.